



Mary Valdez

MT, LSS Green Belt, LCS 1C

Workflow Consultant



EXPERIENCE

Years in a hospital lab: 16
Years as a consultant: 3



FIRST LAB EXPERIENCE

Touring a lab as a college student.



INSPIRATION

It's an amazing feeling when we help a lab make small changes to their daily workflow that not only makes big improvements to their day-to-day activities, but also helps to get results to doctors and patients sooner.



PHILOSOPHY

Lab optimization not only looks at new technology being implemented by labs, but also at the people, the process, the space, and the data to ensure that labs are streamlining workflows and maximizing efficiency to impact patients.



PASSIONS OUTSIDE THE LAB

- Spending time with my family (husband and 2 kids) and my beagle mix, Rock